

PROGRAM PROPOSAL

COMMUNITY MEDICAL OUTREACH

**KAMPUNG MADUTULONG, KAMBATA
BUNDUNG VILLAGE – 1 AUGUST 2026**



About Kawan Baik

Kawan Baik Indonesia is a non-governmental organisation (NGO) officially registered in Denpasar, Bali, on 9 September 2019, under the registration number AHU-AHA.01.06-0050472. We are dedicated to social development, with a strong focus on education and healthcare initiatives in underserved regions across Indonesia.

Our vision is to foster a healthier and more educated generation in areas with limited access by providing essential healthcare and educational opportunities. We strive to ensure that every individual has the chance to grow, thrive, and contribute to their community.

#1

Clean Water
and Sanitation

#2

Healthcare and
and Medical
Support

#3

Food Security
and Nutrition

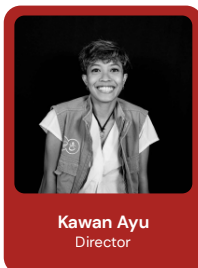
#4

Educations

#5

Community
Development

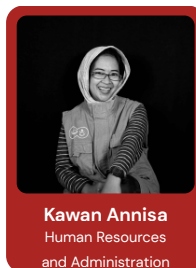
Our Team



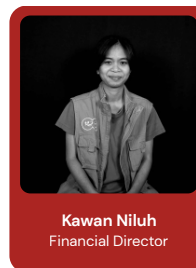
Kawan Ayu
Director



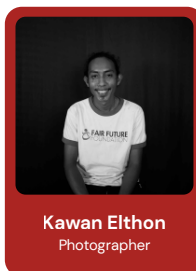
Kawan Ino
Field Coordinator



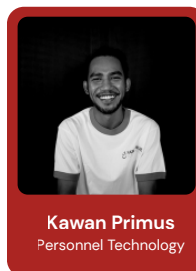
Kawan Annisa
Human Resources
and Administration



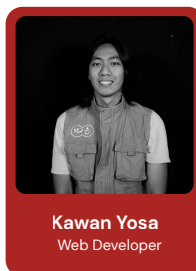
Kawan Niluh
Financial Director



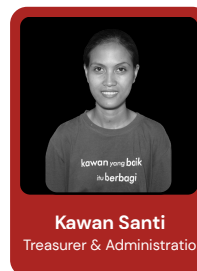
Kawan Elthon
Photographer



Kawan Primus
Personnel Technology



Kawan Yosa
Web Developer



Kawan Santi
Treasurer & Administration



Kawan Erwin
Primary Medical Care
Project Manager



Background

Madutolung hamlet, located in Kambata Bundung Village, Kahaungu Eti Subdistrict, East Sumba Regency, is one of the communities newly supported through the Primary Medical Care (PMC) – Kawan Sehat Program in 2026. As part of its commitment to expanding access to basic healthcare in remote areas, Kawan Baik Indonesia Foundation has trained local Kawan Sehat Community Health Agents to provide first aid, basic primary healthcare services, health promotion on Clean and Healthy Living Behaviours (PHBS), and the appropriate use of essential medicines.

Shortly after completing their training and beginning their community services, the response from local residents was overwhelming. Within approximately ten days, all essential medicines supplied to the Community Health Agents had been distributed to patients seeking treatment. This strong demand clearly highlights the significant unmet healthcare needs within the community, while access to the nearest public health centre (Puskesmas) remains limited due to long travel distances and challenging road conditions.

In addition to limited access to healthcare services, community awareness of Clean and Healthy Living Behaviours (PHBS), communicable disease prevention, and the importance of early disease detection remains low. As a result, many health conditions are not identified or treated promptly, increasing the risk of complications and more serious illness.

In response to these challenges, Kawan Baik Indonesia Foundation, in collaboration with Fair Future Foundation, will organize a Community Medical Outreach (Bakti Sosial Kesehatan) on Saturday, 1 August 2026, in Kampung Madu Tolung. The outreach will provide free medical consultations and basic health examinations by doctors and nurses, essential medicines based on medical assessment, and community health education focusing on PHBS and the prevention of communicable diseases.

Coinciding with Swiss National Day, this initiative represents a meaningful expression of the long-standing humanitarian partnership between Fair Future Foundation and Kawan Baik Indonesia Foundation in improving access to healthcare for remote communities. Through this activity, we aim to expand access to essential healthcare services, increase community awareness of healthy living practices, promote early detection of common health conditions, and strengthen the role of Kawan Sehat Community Health Agents as the frontline of community-based primary healthcare in East Sumba.

Expected Benefits

- Improve community access to free basic healthcare services through medical consultations and health screenings.
- Enable early detection of common health conditions, allowing timely treatment and appropriate referral when needed.
- Increase community knowledge and awareness of Clean and Healthy Living Behaviours (PHBS) and the prevention of communicable diseases.
- Strengthen the capacity and role of Kawan Sehat Community Health Agents in delivering community-based primary healthcare.
- Reinforce the partnership between Kawan Baik Indonesia Foundation and Fair Future Foundation in improving health outcomes and expanding access to essential healthcare services in remote communities.

Expected Outputs

- 100 community members receive free basic health examinations, enabling the early detection and prevention of common health conditions.
- 100 community members participate in health education sessions on Clean and Healthy Living Behaviours (PHBS) and the prevention of communicable diseases, improving their knowledge and awareness of personal, household, and environmental health.

Form and Scope of Activities

The Community Medical Outreach (Bakti Sosial Kesehatan) will be conducted on Saturday, 1 August 2026, in Kampung Madu Tolung, Kambata Bundung Village, Kahaungu Eti Subdistrict, East Sumba Regency. The program will include the following activities:

1. Participant Registration

Registration and documentation of participants attending the medical outreach.

2. Free Medical Services

Basic health examinations conducted by doctors and nurses, including medical consultations, vital signs assessment, and the provision of essential medicines based on medical assessment.

3. Health Education

Interactive health education sessions on Clean and Healthy Living Behaviours (PHBS), the prevention of communicable diseases, and the importance of early disease detection, delivered in an engaging and easy-to-understand format for all age groups.

4. Documentation and Evaluation

Documentation of the activities and recording of beneficiary data for monitoring, evaluation, and reporting to project partners and donors.

Time and Location

- Saturday, 1 August 2026 - 10:00 AM onwards
- Kampung Madu Tolung, Kambata Bundung Village, Kahaungu Eti Subdistrict, East Sumba Regency, Indonesia

Implementation Team

The Community Medical Outreach (Bakti Sosial Kesehatan) will be carried out by a multidisciplinary team of 16 personnel, consisting of:

- Logistics, Registration, and Documentation Team : 5
- Medical Team (Doctors and Nurses) : 8
- Health Education Volunteers (PHBS, Malaria, and HIV/AIDS Awareness) 4

Financial Plan:

We have included a summary of the financial projections for the activity.

ACTIVITY OVERVIEW	COST
Collaboration with Local Communities	IDR 1,900,000
Procurement of Pharmaceuticals and Health Assessments for 100 Patients, encompassing Blood Sugar, Cholesterol, Uric Acid, Malaria, and	IDR 12,135,000
Clean and Healthy Lifestyle Practices and Malaria Initiative	IDR 200,000
Reporting, Documentation, and Publication	IDR 1,500,000
TOTAL	IDR 15,735,000

Conclusion

The Community Medical Outreach in Kampung Madu Tolung, Kambata Bundung Village, represents a tangible commitment to improving the health and well-being of remote communities. We believe that providing direct access to basic healthcare services, combined with health education, will encourage greater awareness of disease prevention, early detection, and the adoption of healthier lifestyles. We welcome collaboration and support from partners who share our commitment to improving access to healthcare in underserved areas. Together, we can ensure the successful implementation of this initiative and create a meaningful, lasting impact for the people of Kampung Madutolung. Thank you for your consideration, trust, and continued support.

List of Medicines

No.	Medicines / Equipments	No.	Medicines / Equipments
1	MEFENAMIC ACID 20 Tablets	26	CAPTOPRIL 25MG 140 Tablet
2	NATRIUM DICLOFENAC 100 Tablets	27	METHYLPREDNOSOLONE 40 Tablet
3	PIROXICAM 120 Tablet	28	METHYLPREDNOSOLONE 100 Tablet
4	DOMPERIDONE 190 Tablet	29	ACETYLCYSTEINE 100 Capsules
5	KETOCONAZOLE 120 Tablet	30	AMBROXOL 280 Tablet
6	CETIRIZINE HC 240 Tablet	31	OBH SURYA 100ML 22 Syrup
7	CTM 80 Tablet	32	ALLOPURINOL 180 Tablet
8	LORATADINE 70 Tablets	33	SALBUTAMOL 4MG 170 Tablet
9	AMOXICILLIN 240 Tablet	34	SALBUTAMOL 2 MG 65 Tablet
10	CEFADROXIL 40 Tablet	35	VITAMIN B1 200 Tablet
11	CEFIXIME 30 Tablet	36	DEMACOLIN 410 Tablet
12	CIPROFLOXACIN 150 Tablet	37	IBUPROFEN 400 220 Tablet
13	COTRIMOXAZOLE 480mg 184 Tablet	38	PARACETAMOL 270 Caplets
14	BETAMETASONE 18 Ointment	39	SANMOL 244 Tablet
15	SCABIMATE 2 Salep	40	KETOCONAZOLE 20 Ointment
16	PERMETHRIN CREAM 5% 38 Ointment	41	GENTAMICIN 20 Ointment
17	METFORMIN 140 Tablet	42	HYDROCORTISONE 1% 20 Salep
18	SIMVASTATIN 110 Tablet	43	NORIT 1320 Tablet
19	ANTACID 374 Tablets	44	PROMEDEX 220 Tablet
20	ORS 50 Powder	45	TREMENZA 180 Tablet
21	ENTROSTOP 60 Tablet	46	GUAIFENESIN / GG 360 Tablet
22	ZINK 400 Tablet	47	CAVIPLEX 180 Caplets
23	AMLODIPINE 5MG 110 Tablets	48	INSTO 24 Tetes Mata
24	AMLODIPINE 10MG 130 Tablets	49	KASA STERIL (16 pcs) 16x16 3 Box
25	CAPTOPRIL 12,5MG 60 Tablet	50	MEDICAL MASK (50 sheets) 1 Box



The Primary Medical Care Project significantly contributes to the attainment of the Sustainable Development Goals, emphasizing health, education, gender equality, and effective partnerships.



The Primary Medical Care (PMC) Program directly contributes to improving health outcomes in rural communities across East Sumba. By training non-medical community members as Kawan Sehat Community Health Agents and equipping them with essential medicines and basic medical supplies, the program expands access to primary healthcare services where formal healthcare facilities remain limited. This community-based approach supports the early detection and management of common illnesses, helps reduce preventable health complications, and strengthens the local primary healthcare system.



Beyond delivering healthcare services, the PMC Program promotes health literacy through community education and locally adapted learning materials, including the Kawan Sehat Book. Health education sessions and awareness campaigns encourage healthy behaviours, disease prevention, and early care-seeking practices. Educational materials are designed to be practical, culturally appropriate, and accessible to all community members, including children.



The program actively promotes women's participation by encouraging them to serve as Kawan Sehat Community Health Agents and community health educators. By providing equal opportunities for women and men to participate in training, leadership, and decision-making, the program strengthens women's roles in improving community health while fostering gender equality and inclusive community development.



The success and sustainability of the PMC Program are built upon strong partnerships between local communities, the East Sumba District Government, Community Health Centres (Puskesmas), Kawan Baik Indonesia Foundation, and Fair Future Foundation. These collaborative partnerships ensure coordinated implementation, strengthen local ownership, and create a sustainable model of community-based primary healthcare that can be replicated in other underserved regions facing similar challenges.

PRIMARY MEDICAL CARE

HELP THEM LIVE HEALTHIER LIVES!

Be part of the change. Your contribution is more than a donation—it is a commitment to bringing essential healthcare within reach of vulnerable communities. Together, we can improve lives, prevent disease, and build healthier futures for those living in remote areas of East Sumba.



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For additional information regarding this project, please scan here:

