



2021

EMERGENCY RESPONSE FOR EASTERN SUMBA BATTLING COVID-19

BY
KAWAN BAIK INDONESIA FOUNDATION

SUPPORTED BY
FAIR FUTURE FOUNDATION

BACKGROUND




SUMBA TIMUR BATTLING COVID-19

Indonesia is experiencing a very significant spike in COVID-19 cases since June 2021 called the second wave to the point where the central government imposes restrictions towards community activities (PPKM) throughout Java and Bali.

The development of cases in East Sumba Regency had experienced more or less the same thing, and as of July 2021, the increasing case trend was very significant compared to the previous months. As of July 15, 2021, the total number of confirmed COVID-19 cases was 1,598 with 851 active cases, from which 1,692 were recovered (65.13%) and 55 deaths (2.12%). The positive rate was 16.71%.

The efforts to accelerate handling have been and continuously been conducted by optimizing all available resources. Increasing 3T (Testing, Tracing, and Treatment) is the main focus in reducing the number of case transmissions.

East Sumba Regency with a population of 258,486 spread over 22 districts has three hospitals for healthcare facilities (one government hospital for COVID-19 referral centre and two private hospitals functioned as a buffer) and 24 Public Health Center (Puskesmas) and clinics.




So far, since experiencing the second wave spike of cases, East Sumba Regency has continued to take anticipatory actions against the worst-case scenarios. This requires extreme measures to ensure the readiness of the whole healthcare services, from human resources, facilities and infrastructure, and other supporting logistics.

With a population of 258,486 and only one oxygen filling location on the island, it triggers the concerns should there be a spike in oxygen demand and the limited availability of oxygen tanks.

Umbu Rara Meha regional public hospital (RSUD) was the only healthcare facility capable of performing the procedure of convalescent plasma donors. The limited numbers of health workers in collecting convalescent plasma (who were waiting at the hospital) had resulted in a lack of convalescent plasma stock to accelerate the recovery of COVID-19 patients. By forming a group of convalescent plasma donors, the Indonesian Red Cross (PMI) and other volunteer organizations were tasked with monitoring COVID-19 survivors to be picked up from house to house to the facilities to donate convalescent plasma to hospitals. The current problem in the hospitals was the limited number of refrigerators to store convalescent plasma stocks.

In addition to the descriptions that required anticipation in COVID-19 case handling that had been previously described, the government also ran a vaccination program to build HERD IMMUNITY. The coverage of the said vaccination service was still very far from closing the gap to the community as the actual vaccination target, due to obstacles in vaccine allocation from the government as the centre that could be concluded from the vaccination rate acceleration conducted in East Sumba Regency. The accelerated rate of vaccination is closely related to the readiness of vaccination facilities (with a very limited number of vaccinator teams) and online recording, both coverage recording and logistics/vaccines usage due to inadequate telecommunication signals that lead to the delayed process.

The aforementioned is a brief description of the state and condition of healthcare facilities in East Sumba. For this reason, we need support from every sector in responding to this condition, as a working partner from the East Sumba Healthcare Office to propose assistance in procuring medical equipment and its support.

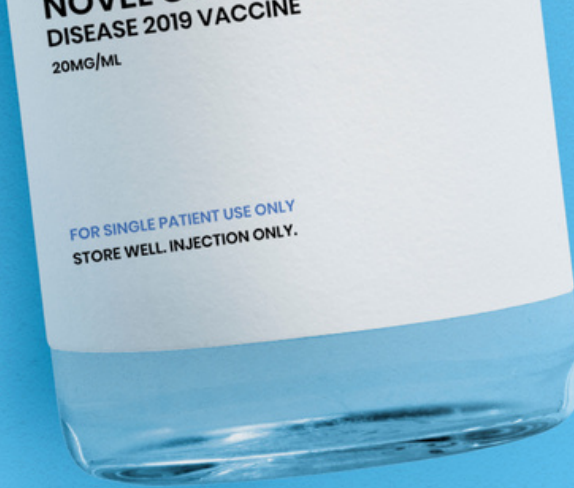


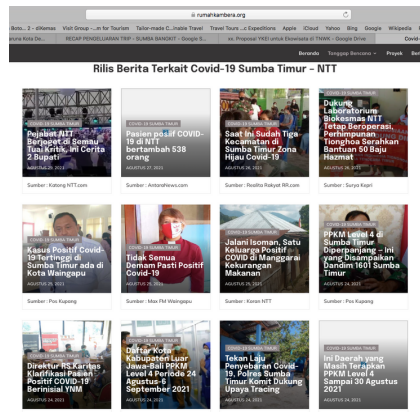
OBJECTIVE

- To provide knowledge to the general public through socialization and media publications about the handling and prevention of COVID-19 in East Sumba
- To assist the fulfilment of facilities and infrastructure in the handling and prevention of COVID-19 cases in East Sumba
- To assist health workers and professionals involved in handling COVID-19 cases in East Sumba

ACTIVITIES

- Providing knowledge to the general public through socialization and media publications about the handling and prevention of COVID-19 in East Sumba
- Assisting the fulfilment of facilities and infrastructure in the handling and prevention of COVID-19 cases in East Sumba
- Assisting health workers and professionals involved in handling COVID-19 cases in East Sumba





PUBLICATION MEDIA

Making media publications about handling and prevention of COVID-19 in East Sumba

The publication media was made as to the series of "Sumba Bangkit" (Sumba Rises) activities on the media, such as:

- Posters on prevention efforts through the application of the 5M Health Protocol, printed on A3 size, installed at community activity points, schools, health centres, etc.
- Billboards about the call for vaccines with the size of 2m x 3m, installed at crowd points for easy viewing by the beneficiaries.
- Online posters about medicine and vitamins provisions for COVID-19 patients in self-isolation.
- Public Service Advertisements in the radio stations in collaboration with MAX FM, reminding people to keep their distance, washing their hands frequently with soaps, wearing a facemask, and calling for vaccine shots.
- Online visibility in social media and website content about the handling and prevention of COVID-19
- Online communication channels through social media and websites for info and data collections concerning COVID-19



CEGAH COVID-19

dengan menerapkan 5M
mulai dari diri sendiri

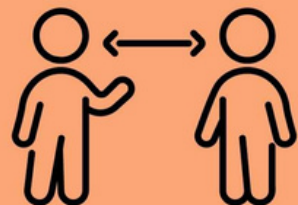
#SUMBABANGKIT



Mencuci tangan
pakai sabun dan air
mengalir



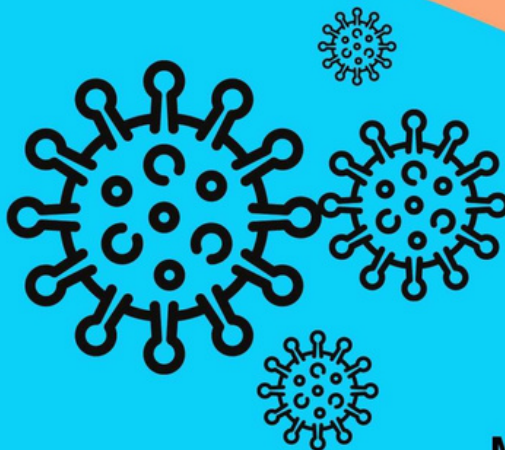
Memakai Masker



Menjaga jarak



Menjauhi kerumunan



Membatasi mobilisasi
dan interaksi

#SUMBABANGKIT

AYO IKUTI VAKSINASI GRATIS

PERKUAT IMUN
TAATI PROTOKOL
KESEHATAN



*Kesehatan
Pulih
Ekonomi
Bangkit*



ANDA SEDANG **ISOLASI MANDIRI?** ATAU TAKUT KELUAR UNTUK BEROBAT

***Khusus Area Waingapu, Sumba Timur, NTT**

Untuk kawan-kawan yang sedang
menjalani **isolasi mandiri** dan
terkendala obat, bisa kontak kami.

Caranya:

1. Menunjukkan bukti SWAB positif
2. Foto Ktp
3. Alamat lengkap isolasi mandiri
4. Nomor Hp

*selain keluhan terkait covid 19 juga bisa dilayani

*ketersediaan obat terbatas



Whatsapp
atau Telpn
085223446734 - Nofi

**#sumbasehat #kawanbaikberbagi
#sumbabangkitdaricovid**





PUBLIC SERVICE BROADCAST ON LOCAL RADIO

1 "Jaga Jarak 2 Meter" - Social Distancing

Penjual : Lita

Pembeli : Philips

(Suara bising di pasar)

Pembeli : Halo kakak, mau 007-nya 1 ya

Penjual : (sambil berteriak) Ada lagi? Korek juga?

Pembeli : Eh kakak kenapa kencang sekali eh

Penjual : (masih berteriak) Kau tunggu situ sudah, jangan dekat-dekat

Pembeli : Jangan teriak2 eh pelan-pelan kakak, lebih dekat lebih akrab toh? Jauh-jauh macam musuh saja e...

Penjual : Kalau kau dekat-dekat, macam akrab sama Corona nanti. Itu sudah 1 bungkus tapi sekarang 2M eh!

Pembeli : Rokok apa 2 Milyar?

Penjual : 2M itu Jaga Jarak 2 meter kakak

Pembeli : Alaaaah.. 2 meter saya tunggu di pelabuhan saja kalau gitu! Aman.. saya ini sehat!

Penjual : Sumba ini luas kakak, kalau 2 meter saja masih luas ini pulau Sumba ini e.

Pembeli : Gara-gara Corona harga rokok jadi 2 Milyar (sambil menggerutu)

Penjual : Eh ingat pulau sumba masih luas... 2 Meter saja!



② "Cuci Tangan dan Pakai Masker" - Wash hand and wearing mask

Bapak : Philip

Mama : Lita

(suara motor berjalan menuju parkir, trus berhenti)

(suara Bapak jalan lalu buka kresek)

Mama : Bapak ini dari mana, putar-putar tidak pakai masker

Bapak : Panggil Deki sini makan sama sama, Bapak tadi beli ikan bakar di warung Angel

Mama : Kenapa tidak pakai masker ee Bapak ini kena covid baru tau rasa..

Bapak : Disana banyak asap Mama, pengap tidak bisa napas saya, sudah sini makan nanti dingin tidak nikmat.

Mama : Langsung makan tidak cuci tangan pula!

Bapak : Ah tidak usah, saya sudah lapar dan tangan saya bersih.

Mama : Makan sendiri sudah... Bagi-bagi corona sama keluarga.

VO : Mencuci tangan dan pakai masker bukan lagi soal virus corona tapi agar kita tetap hidup bersih sehat. Blasakan mencuci tanganmu sebelum makan, dan selalu pakai masker! --- Bersama

③ "Ayo Vaksin" - Let's get vaccines Back song Aduh Mama Ee

Aduh mama ee sa takut corona...

...tapi lebih takut vaksin

...sa mau vaksin tapi tak dapat antrian

...ee vaksin atau tidak pasti mati juga

Vaksin atau tidak vaksin atau tidak.. Vaksin atau tidak..

Yok cegah corona dengan vaksin saja...



Jaga diri sama juga jaga mama bapa, anak mantu, cucu dan keluarga.



Our Public Services Announcement produced and broadcast in
collaboration with Epi Production and Max FM Sumba Radio



HIGH FREQUENCIES BROADCASTING SCHEDULE

BUKTI SIAR				
		PERIODE : 30 AGUSTUS 2021 S/D 26 AGUSTUS 2021		
KLIENT : YAYASAN KAWAN BAIK INDONESIA JLN. DANAU POSO NO.51A SANUR, Br. SEMAWANG, DENPASAR, BALI 80228				
NAMA PRODUK : ILM SUMBA BANGKIT DARI COVID-19				
No	Tanggal	Waktu Siar	Jumlah	Durasi
1	30/08/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
2	31/08/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
3	01/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
4	02/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
5	03/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
6	04/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
7	05/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
8	06/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
9	07/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
10	08/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
11	09/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
12	10/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
13	11/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
14	12/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
15	13/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
16	14/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
17	15/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
18	16/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
19	17/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
20	18/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
21	19/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
22	20/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
23	21/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
24	22/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
25	23/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
26	24/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
27	25/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
28	26/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
29	27/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
30	28/09/2021	08.15, 09.15, 11.15, 12.15, 14.15, 16.15, 19.15, 20.15, 21.15	9	60'
		Ket. 6x siar per hari plus bonus 3x siar per hari. Total 9x siar per hari.		
		Total	270	
<div>Waingapu ,30 Agustus 2021</div> <div><p>Esy Heli Lumu</p><p>Bagian Penyiaran</p></div>				



**KAWAN
BAIK
ON AIR**



This Public Service Advertisement is broadcast via Max FM Radio in Waingapu, on the 96.9 FM band that covers Waingapu and its surrounding areas. This collaboration was responded positively since Max FM had also broadcasted a lot of healthcare information. In addition, it also spread the word about rights and obligations as citizens, family life, social life, education, and other information and knowledge in relation to human life in general (East Sumba population).





FACILITIES AND INFRASTRUCTURE

Adding the facilities and infrastructure supplies for the handling and prevention of COVID-19 cases in East Sumba

To assist the activities of health workers on site in the process of preventing and examining COVID-19 survivors, we catered for the needs of health workers to be work-ready.

IN ACTION TO EQUIP THE MEDICAL PERSONNEL

PPE FOR MEDICAL PERSONNEL

In an effort to support health workers to be work-ready, one of the most crucial matters to prepare is PPE (Personal Protective Equipment) along with its accessories. First, is a disposable PPE set made from 75% spun bound, complete with a face shield, KN95 medical mask, medical rubber gloves, and shoe covers.

There were 75 sets of PPE provided, intended for medical personnel at the COVID-19 referral hospital in East Sumba who were working closely with high-risk patients. Meanwhile, also provided sets were coveralls or gowns made of plastic used for health workers during the examination.

The following is a list of medical equipment to support the performance of medical personnel in handling and preventing COVID-19 in East Sumba:

- KN-95 mask (800 pcs)
- Medical mask (75 boxes, 25 pcs each)
- Face Shield (75 pcs)
- Hazmat suit (PPE) (75 sets)
- Coverall or gown (75 sets)
- Antigen Kit (750 pcs)





MEDICINE AND VITAMIN PACKAGES FOR SELF-ISOLATING PATIENTS

At Rumah Kambara Pharmacy, medicines and vitamins are provided for COVID-19 patients who are doing self-isolation. Access to the medicines is by communicating via WhatsApp to on-duty Kawan volunteering at the pharmacy by sending their positive COVID-19 certificate, consulting with medical personnel (doctors) via telemedicine to get the prescription according to their symptoms, and only then they would be able to take their vitamin and medicines that have been prepared at the Rumah Kambara as per prescription.

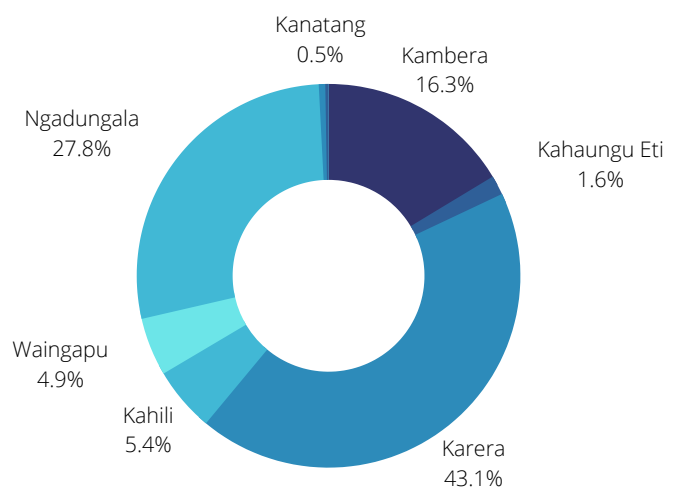
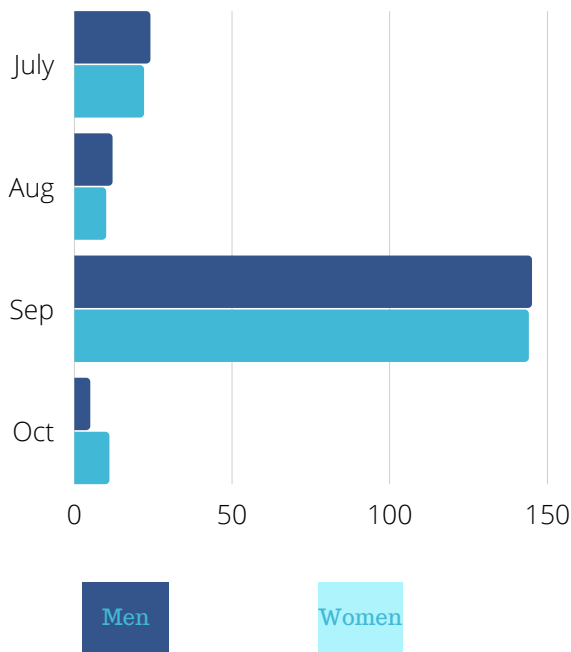
Berikut adalah jenis vitamin dan obat-obatan yang tersedia di untuk pasien isoman:

- Multivitamin A,B,B1,B2, B6, B12, C, dan E (CAVIPLEX) (150 strip)
- Curcuma Force (150 strip)
- Ranitidine 150 mg (100 strip)
- Ambroxol 30 mg (100 strip)
- Amoxicilin 250 mg (100 strip)
- Citirizine (100 strip)
- Paracetamol 500 mg (100 strip)

THE BENEFICIARIES OF MEDICAL SUPPLIES

In approximately 3 months, the number of patients who have consulted and received drug packages from Rumah Kambera are:

1. July: 46 Patients (24 Men & 22 Women)
 2. August: 22 Patients (12 Men & 10 Women)
 3. September: 289 Patients (145 Men & 144 Women)
 4. October: 16 Patients (5 Men & 11 Women)
- Total Patients : 373 Patients (with a composition of 186 Men and 187 Women)



The 373 patients, not consulted only were those exposed to the Coronavirus, but also several other complaints such as allergies, bone and muscle pain, malnutrition, and external injuries.

The top 3 of our beneficiaries here came from Karera 43,1% (158 patients), Ngadu Ngala 27,8% (102 patients) and Kambera district 16,3% (60 patients). Those who had received medicine and vitamins from Rumah Kambera were residents of the 8 districts in East Sumba.

The beneficiaries got information from our publications, social media, friends, local partners, and local communities. Most of the medical distributions and check up were given on medical trips in Ngadungala and Karera. And the rest beneficiaries, come to Rumah Kambera after consulting with medical partners in this program.

MEDICAL EQUIPMENTS IN RUMAH KAMBERA



Rumah Kambera is also equipped with some general health equipment. This equipment can be used in this facility for health check-up activities in villages. Some of this equipment includes:

- Weighing scales for adults and children
- Weighing scales for babies
- Thermometer
- Oximeter
- Blood pressure meter
- Stethoscope

As for the equipment related to the examination of Covid 19 patients, some of the equipment that is also available for use by the Indonesian Good Friends team or volunteers who are on duty include:

- KN-95 Mask (100 pieces)
- Medical Mask (15 boxes of 25 pieces)
- Face Shield - Medical face shield (15 pieces)
- Hazmat Clothing (PPE) (15 sets)
- Cover all or gown (15 sets)
- Antigen Kit (150 pieces)

PROVIDING COVID-19 TESTING KITS



RAPID TEST PROVISION

As an effort to prevent transmission, testing is also very necessary. Limitation on tools and equipment is also an obstacle in the tracking and testing process. From this series of activities, 750 sets of rapid antigen tests were provided with the Clungene Ind. brand.



HANDING OVER OF AID TO THE EAST SUMBA COVID-19 TASK FORCE

Through a meeting with the Regent of East Sumba, Drs. Khristofel Praing, M.Si, each party shared information and opened a hearing session related to the current condition of COVID-19 handling which was coordinated through the COVID-19 Task Force under the coordination of the Head of the Task Force with the Regent at the helm.

In this case, the Kawan Baik Indonesia Foundation and the Fair Future Foundation directly provided assistance in the form of 750 pieces of rapid antigen tests, more than 5000 medical masks, face shields, PPE, to disinfectants. It is hoped that this assistance can help ease the burden on local governments and accelerate the handling of COVID-19 cases, especially in the East Sumba area.



VOLUNTEERING



"SHARING IS CARING, SUMBA BANGKIT"

COLLABORATION WITH LOCAL COMMUNITIES AND MEDICAL EXPERTISE FROM KUPANG REGENCY IN TWO RURAL VILLAGES

23RD - 25TH OF SEPTEMBER 2021

On September 24 and 25, 2021, Kawan Baik Indonesia participated in the "Sharing is Caring" activity organized by @sumbavolunteer which was held in Ngadu Ngala and Karera Districts. It took 5.5 hours by land from the city of Waingapu on a 4-wheeled vehicle with bumpy, rocky roads without asphalt.

The series of these activities are healthcare services (examination, treatment, dental examination, minor surgery, counseling, distribution of facemasks, vitamins, and milk). Educational activities (inspirational classes with learning and playing activities with the students of Kakaha and Karera Elementary, also distribution of stationery) and social service activities by distributing groceries to people in need.

This activity was also supported by friends from @fairfuturefoundation @cahayaanaksumba_pkbm @kumpul_tangan @ikpmlwaingapu @charis.sumba and medical team from #pondokcurhatsahabatkasihkupang.



In medical activities, many cases of lipomas (benign tumours) were found with various locations and sizes. For early-stage cases, surgeries could be conducted on-site. But for a later stage or larger in size, the patient should get a referral for surgery at a public hospital.

Recorded at the District of Ngadu Ngala:

- 32 patients and 26 on surgery,
- 112 patients for the general examination.

Recorded at the District of Karera:

- 27 patients and 23 on surgery,
- 158 patients for the general examination.

On educational activities at two Elementary schools (SD), the one in Ngadungala had 120 students and Karera 140 students. We formed small groups of children and together we do colouring, storytelling, and learn to brush the teeth properly. The result was unexpected because some children had great imaginations. Here is a drawing of a fish made by Bilqis from Class 1 SD Karera that she called Ikan Bukan Bakar (not a grilled fish); and Edo's from class 1 SD Ngadungala who drew a rabbit with exquisite yellow colour.

This activity is expected to help friends in Karera and Ngadungala sub-districts to get healthcare treatment without compromising their education. And we are humbly grateful to all the kawan baik involved. You've been providing us with a meaningful experience.



SUPPORTING SUMBA BANGKIT THROUGH WASHING HANDS STATIONS



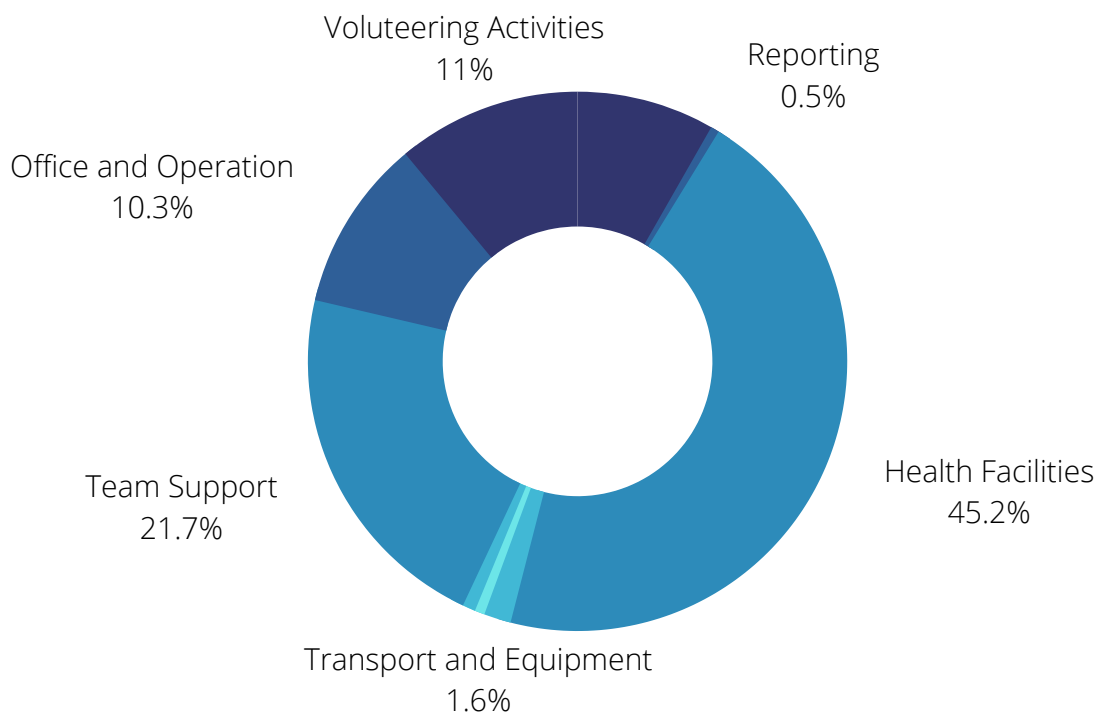
As another form of support for East Sumba in an effort to prevent the spread of COVID-19 is campaigning about hand washing for a healthy lifestyle and in altogether implementing health protocols related to COVID-19. Also, by providing hand washing station in several public places, in accordance with the direction of the Regent. We have provided two sets of hand washing stations at the children's library and the playground, and installed one at the Waingapu Heroes Monument, East Sumba.

The aids for two units of hand washing stations at the TP PKK East Sumba Regency was handed over to Dra. Merliaty Praing Simanjuntak, M.Si, as the Chairperson of the PKK Mobilization Team and also attended by the Regent Drs. Kristofel Praing, M.Si.

TOTAL EXPENSES

No.	Expenses Breakdown	Amount
1	Publication medias	Rp. 26,000,000
2	Reporting	Rp. 1,600,000
3	Health Facilities and Infrastructure	Rp. 142,400,000
4	Transport dan Equipment	Rp. 5,101,000
5	Health Protocol Support	Rp. 1,873,000
6	Volunteer Equipment	Rp. 2,440,250
7	Team Support	Rp. 68,200,000
8	Office & Operations	Rp. 32,500,000
9	Volunteering Activities	Rp. 34,710,750
Total		Rp. 314,825,000

REALISATION



The Sumba Bangkit financial plan is not fully absorbed in the field with the total balance Rp. 34,710,750,- and this fund will be returned or allocated for the next project donation once the proposal will be approved by the Donor.

ACKNOWLEDGEMENTS

Below, list down the names of those committed to these projects, such as:

Those responsible for **concept and coordination** - **Annisa Yuniar**

Our **group of researchers** - **Gogon, Cai Tanya, & Yehosafat**

Our **financial manager** - **Niluh Paramashanti**

Our **donator and supporter** - **Fair Future Foundation**

Our **colleagues** from Partner Organizations - **Alexandre Wettstein**

Our **colleagues** from Local Communities - **Kornelis Ndapakamang, Primus Lede, Elthon Halawulang, Sumba Volunteer, TPPKK Eastern Sumba, Kumpul Tangan, Charis Sumba & Medical Expertises team from Kupang**



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Project Report can be reached here:



WE THANK YOU
FOR YOUR
ONGOING
SUPPORT OF
OUR PROGRAMS